Check In & Check Up

Keeping your family healthy is a necessary task. Summer is a great time to take care of the doctor appointments and vaccinations your family needs before the busy school year starts back up.

Immunization

Vaccines and immunizations are used to strengthen the immune system and prevent disease and illness. Becoming vaccinated is important for the community, as well as the individual. When most of the population is immunized, the spread of contagious disease is contained, thereby protecting those who are not eligible for vaccinations, like infants and pregnant women.

Check out the resources below to get informed about immunizations.

CDC Recommended Immunizations Schedule, Age 0 through 18 years

CDC Recommended Immunizations Schedule, Adult

Get informed about immunizations

Learn more about "Community Immunity"

Are vaccines effective?

Are vaccines safe?

Why get vaccinated?

Who should not get vaccinated?

Physicals

Annual physicals are necessary to assess vital changes that take place during childhood and adolescence. Physical exams check a child's height, weight, blood pressure, and cholesterol, provide appropriate vaccines, test for anemia and diabetes, and discuss diet, exercise, and other relevant information.

Children develop at a rapid rate and it is important to foster a relationship with a doctor who is equipped to build a medical history, monitor growth, and prevent or catch disease at an early stage.

Medicine is always adapting so it is important to stay up-to-date on new requirements and protocol regarding your child's health.

Need a pediatrician in Gainesville or surrounding areas?

Check out the GatorCare Provider Directory for pediatricians in your area!

Adapted from vaccines.gov and childhealthassociatespc.com